

## Instructions for "Walk the Walk"

1. Fill out the registration form completely. Detach from sponsor form and send to PCWA, P.O.Box 2883, Cinnaminson, NJ 08077 along with registration fee:

Before 4/11/2010 - \$7      after 4/11/10 - \$10

*(If registering a group, or if walker has sponsor donations, registration fee can be lowered. Contact 609-760-3223 for details before sending in registration.)*

2. Invite your family, friends or co-workers to sponsor you with a contribution of \$5, \$10, \$15 or more. ***Pledges/additional donations are not required for you to walk, but would be greatly appreciated!***
3. Be sure to fill out all donor information carefully and completely. Everyone who donates \$15.00 or more receives a membership in the PCWA.
4. On walk day, check-in at the registration table at Pompeston Park, at the end of Georgian Drive (just off of North Riding Drive) in Moorestown between 12:00 noon and 1:00 PM, turn in your pledge/donor envelope
5. Last minute instructions, and send off at 1:00 PM
6. Meet up with the other walkers at the Riverton Park for awards, t-shirts and closing festivities.

Call Cindy Pierson at 609-760-3223 or contact the PCWA at [pcwa\\_info@yahoo.com](mailto:pcwa_info@yahoo.com) with any questions or for additional information.

"Walk the Walk" Registration Form

Name: \_\_\_\_\_  
Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_  
Emergency Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
T-shirt size: M LG XL XXL (if not specified, size large will be provided)  
Registration Fee: before 4/11/10 \$7.00 after 4/11/10 \$10.00  
*(If registering a group, or if walker has sponsor donations, registration fee can be lowered.  
Contact 609-760-3223 for details before sending in registration.)*

I understand that all pledges are collected in the name of and to be sent to:  
The Pompeston Creek Watershed Association, P.O. Box 2883, Cinnaminson, NJ 08077  
The Pompeston Creek Watershed Association is not to be held responsible for damages or injuries to me.

Walkers' Signature \_\_\_\_\_ Parent or Guardian if under 18 \_\_\_\_\_

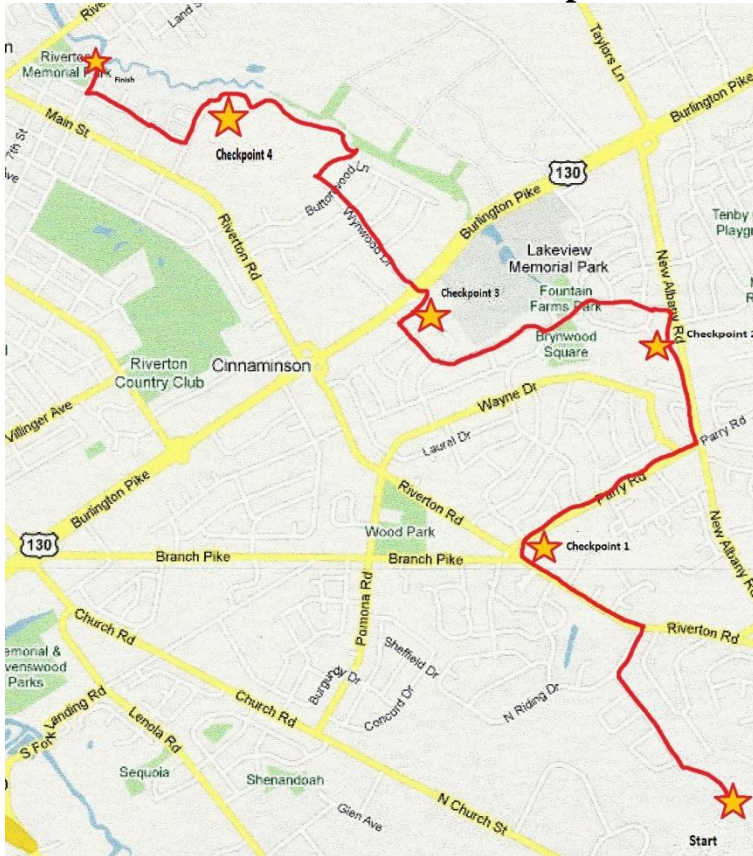
**Sponsors**

Name	Address	Pledge	Collected
1.		\$	\$
2.		\$	\$
3.		\$	\$
4.		\$	\$
5.		\$	\$
6.		\$	\$
7.		\$	\$
8.		\$	\$
9.		\$	\$
10.		\$	\$

Please make checks payable to "The Pompeston Creek Watershed Association." For more information,  
Visit our website or call the Walk-A-Thon committee at (609) 760-3223  
[www.pompestoncreek.org](http://www.pompestoncreek.org)  
Thank you for your generous donations.

PCWA is a tax exempt organization under section 501c (3) of the Internal Revenue Code. Contributions may be deducted as provided by law.

## Map and list of stops



Approximate Distances	
Start to Checkpoint 1	1.06 miles
Checkpoint 1 to Checkpoint 2	.98 miles
Checkpoint 2 to Checkpoint 3	1.17 miles
Checkpoint 3 to Checkpoint 4	1.08 miles
Checkpoint 4 to Finish	.71 miles



**Start**

**Pompeston Park in Moorestown**

Follow Georgian Drive, turn right on N. Riding Drive  
Turn left onto Riverton Road, follow to



**Checkpoint 1**

**Riverton Road at Parry Road**

Turn right onto Parry Road, turn left onto New Albany Road  
Follow to



**Checkpoint 2**

**New Albany School**

Continue on New Albany Road, turn left onto Willow Drive  
Follow Willow Drive past Fountain Farms to



**Checkpoint 3**

**Mainline Shopping Center**

Proceed to traffic light, cross Rt. 130 onto Wynwood Dr. and  
Follow to Rush School parking lot, follow trail markers across lot  
Turn left at creek, follow trail markers along path, up the hill to



**Checkpoint 4**

**Below CHS parking lot**

Follow trail markers to Woodside Court, turn left onto Woodside Lane  
Continue on Woodside Lane for 2 blocks, turn right onto Cedar Street  
Follow Cedar Street to 8<sup>th</sup> Street, turn right on 8<sup>th</sup> Street to



**Finish**

**Riverton Park Picnic area**



Thanks to: \_\_\_\_\_  
 (name)  
 For: \_\_\_\_\_  
 (amount and in-kind contributions)  
 Signed: \_\_\_\_\_  
 (date)

*The mission of the Pompeston Creek Watershed Association is to promote the restoration and conservation of the natural resources of the Pompeston Creek watershed; to protect and conserve animal life, forests and other plant life, water sources and soils through education, scientific investigations and research.*

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Pompeston Creek Watershed Association  
 P.O. Box 2883, Cinnaminson, NJ 08077



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**ACCIDENT WAIVER AND RELEASE OF LIABILITY FORM**

**Name of the Activity or Event:** \_\_\_\_\_

**Date of Activity or Event:** \_\_\_\_\_

I HEREBY ASSUME ALL OF THE RISKS OF PARTICIPATING AND/OR VOLUNTEERING IN THIS ACTIVITY OR EVENT, including by way of example and not limitation, any risks that may arise from negligence or carelessness on the part of the persons or entities being released, from dangerous or defective equipment or property owned, maintained, or controlled by them, or because of their possible liability without fault.

I certify that I am physically fit, have sufficiently prepared or trained for participation in the activity or event, and have not been advised to not participate by a qualified medical professional. I certify that there are no health-related reasons or problems which preclude my participation in this activity or event.

I acknowledge that this Accident Waiver and Release of Liability Form will be used by the event holders, sponsors, and organizers of the activity or event in which I may participate, and that it will govern my actions and responsibilities at said activity or event.

In consideration of my application and permitting me to participate in this event, I hereby take action for myself, my executors, administrators, heirs, next of kin, successors, and assigns as follows:

(A) I WAIVE, RELEASE, AND DISCHARGE from any and all liability, including but not limited to, liability arising from the negligence or fault of the entities or persons released, for my death, disability, personal injury, property damage, property theft, or actions of any kind which may hereafter occur to me including my traveling to and from this event, THE FOLLOWING ENTITIES OR PERSONS: The Pompeston Creek Watershed Association, officers, employees, volunteers, representatives, and agents, the activity or event holders, activity or event sponsors, activity or event volunteers;

(B) I INDEMNIFY, HOLD HARMLESS, AND PROMISE NOT TO SUE the entities or persons mentioned in this paragraph from any and all liabilities or claims made as a result of participation in this activity or event, whether caused by the negligence of release or otherwise.

I acknowledge that the PCWA and their directors, officers, volunteers, representatives, and agents are NOT responsible for the errors, omissions, acts, or failures to act of any party or entity conducting a specific event or activity on behalf of the PCWA, acknowledge that this activity or event may involve a test of a person’s physical and mental limits and may carry with it the potential for death, serious injury, and property loss. The risks may include, but are not limited to, those caused by terrain, facilities, temperature, weather, condition of participants, equipment, vehicular traffic, actions of other people including, but not limited to, participants, volunteers, spectators, coaches, event officials, and event monitors, and/or producers of the event, and lack of hydration. These risks are not only inherent to participants, but are also present for volunteers.

I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident, and/or illness during this activity or event. I understand that at this event or related activities, I may be photographed. I agree to allow my photo, video, or film likeness to be used for any legitimate purpose by the event holders, producers, sponsors, organizers, and assigns.

The accident waiver and release of liability shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law.

I CERTIFY THAT I HAVE READ THIS DOCUMENT, AND I FULLY UNDERSTAND ITS CONTENT. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT AND I SIGN IT OF MY OWN FREE WILL.

\_\_\_\_\_  
Print Participant’s Name, Age, Signature, and Date  
(If under 18 years old, Parent or guardian must also sign)

**PARENT / GUARDIAN WAIVER FOR MINORS (Under 18 years old)**

The undersigned parent and natural guardian does hereby represent that he/she is, in fact, acting in such capacity, has consented to his/her child or ward’s participation in the activity or event, and has agreed individually and on behalf of the child or ward, to the terms of the accident waiver and release of liability set forth above. The undersigned parent or guardian further agrees to save and hold harmless and indemnify each and all of the parties referred to above from all liability, loss, cost, claim, or damage whatsoever which may be imposed upon said parties because of any defect in or lack of such capacity to so act and release said parties on behalf of the minor and the parents or legal guardian.

\_\_\_\_\_  
**Print Participant’s Name Age Signature of Parent or Guardian Date**